



A Better Way

A Good Counselor

Will

- Discuss the rights and responsibilities of the counseling relationship and allow you to choose whether you want them to be your counselor.
- Explain what their qualifications are – and are not.
- Work with you to determine what you want to accomplish and how you will get there.
- Consult with peers and/or have accountability for their actions. Licensed counselors are accountable to their licensing board. If your counselor is not licensed, ask who their supervising agency is.
- Recognize where their expertise ends and recommend someone who can help.
- Behave in a professional manner.
- Be respectful of other counselors.

Will NOT

- Exploit a client.
- Make promises about how their counseling will work.
- Have a formula or easy fix for your problem.
- Share what you have told them with others without talking to you about it first (or without sound ethical or legal justification.)
- Express interest in or enter a romantic or sexual relationship with a client, nor will they counsel someone with whom they have had such a relationship.
- Hug or touch, usually, and certainly not without permission.

This may be copied and freely shared in its entirety.

A BETTER WAY • WWW.ABETTERWAY.ORG • INFO@ABETTERWAY.ORG • (740) 847-1001